

Ernährungstherapie bei Gastroparese und intestinaler Dysmotilität

Literatur

1. Camilleri M, Parkman HP, Shafi MA et al. (2013) American College of Gastroenterology. Clinical guideline: management of gastroparesis. *Am J Gastroenterol* 108: 18–37; quiz 8
2. Keller J, Andresen V, Wolter J et al. (2009) Influence of clinical parameters on the results of ¹³C-octanoic acid breath tests: examination of different mathematical models in a large patient cohort. *Neurogastroenterol Motil* 21: 1039–e83
3. Olausson EA, Storsrud S, Grundin H (2014) A small particle size diet reduces upper gastrointestinal symptoms in patients with diabetic gastroparesis: a randomized controlled trial. *Am J Gastroenterol* 109: 375–385
4. Leyer P, Andresen V, Pehl C et al. (2011) [Irritable bowel syndrome: German consensus guidelines on definition, pathophysiology and management]. *Z Gastroenterol* 49: 237–293
5. Halmos EP, Power VA, Shepherd SJ (2014) A diet low in FODMAPs reduces symptoms of irritable bowel syndrome. *Gastroenterology* 146: 67–75
6. Altobelli E, Del Negro V, Angeletti PM, Latella G (2017) Low-FODMAP diet improves irritable bowel syndrome symptoms: a meta-analysis. *Nutrients* 9(9)
7. De Giorgio R, Volta U, Gibson PR (2016) Sensitivity to wheat, gluten and FODMAPs in IBS: facts or fiction? *Gut* 65: 169–178
8. Ford AC, Vandvik PO (2015) Irritable bowel syndrome: dietary interventions. *BMJ Clinical Evidence* 2015
9. Zhan YL, Zhan YA, Dai SX (2018) Is a low FODMAP diet beneficial for patients with inflammatory bowel disease? A meta-analysis and systematic review. *Clin Nutr* 37: 123–129
10. Maagaard L, Ankersen DV, Vegh Z et al. (2016) Follow-up of patients with functional bowel symptoms treated with a low FODMAP diet. *World J Gastroenterol* 22: 4009–4019
11. Pimentel M, Constantino T, Kong Y et al. (2004) A 14-day elemental diet is highly effective in normalizing the lactulose breath test. *Dig Dis Sci* 49: 73–77
12. Gewecke K, Nannen-Ottens S (2017) Bacterial overgrowth: nutrition as part of the therapeutic concept. *Small Intestinal Bacterial Overgrowth (SIBO)*. *Ernährungs Umschau* 64: 74–78