



# A bunch of activity in the field of nutrition research

The turn of the year is a time for reflection and looking ahead. In the editorial board, we regularly discuss the main topics and developments of the individual sections of the journal. One clear trend emerges: The number of submissions to the peer review process of ERNÄHRUNGS UMSCHAU has steadily increased over recent years. This reflects not only the productivity of researchers but also the omnipresent pressure to publish. The negative consequences of this pressure – ranging from research fraud to predatory journals – are currently receiving increased critical attention<sup>1</sup>.

Therefore, we would like to express our gratitude to the reviewers who dedicate considerable time to evaluating manuscripts, often delving deeply into the text and thus playing a crucial role in ensuring the quality of ERNÄHRUNGS UMSCHAU for our readers: Approximately 30% of the manuscripts submitted are rejected or withdrawn by the authors on the basis of the reviews. Many authors tell us that even manuscripts accepted after revision also bene-

fit from the reviewer's comments. However, the increasing number of submissions also indicates greater diversity of research approaches in the fields of nutrition, food science, and public health nutrition. This is because the higher education landscape is currently undergoing remarkable change: In addition to the "traditional" bachelor's and master's degree programs such as nutritional science, ecotrophology, food technology, and food chemistry, universities and universities of applied sciences now offer numerous new degree programs related to the core topic of "nutrition". They are competing for students, but at the same time they also cover the many links between nutrition and food production for important future issues. ERNÄHRUNGS UMSCHAU is responding to this development in the first quarter of 2026: In the special publication *ERNÄHRUNG: Studiengänge + Studienorte* (NUTRITION: Degree Programs + Study Locations), more than 40 locations and distance-learning universities in Germany present their degree programs and areas of spe-

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cialization. The special publication will be available open access on the ERNÄHRUNGS UMSCHAU website and will serve as a guide for choosing a degree program while also offering potential employers important insights into the qualification profile of future graduates.

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